

The Forbes Arms Hotel

STARTERS

Soup of the Day 4.00

Whitebait 6.00

contains:- fish, gluten

Battered Mushrooms & Garlic Dip 6.00

contains:- gluten, egg, mustard

Japanese Style King Prawns 6.00

contains:- crustaceans, gluten, soya

Prawn stuffed Courgettes 6.00

contains:- crustaceans, milk

Breaded Haddock Goujons with Tartare Sauce 6.00

contains:- fish, gluten, egg, mustard

Salmon, Lemon & Parsley Fishcake 6.00

contains:- fish, gluten, milk

Battered Cauliflower & Spicy Dip 6.00

contains:- gluten, egg

Melon Boat with Raspberry Sorbet 3.50

Egg Marie Rose 3.50

contains:- egg, mustard, celery

Chilled Fruit Juice 1.80

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FISH

Salmon Steak in Honey & Mustard Sauce 13.50

contains:- fish, mustard

Grilled Lemon Sole* 13.50

Breaded Scampi* 11.50

contains:- crustaceans, gluten

Fresh Haddock (Battered or Breaded)* 11.50

Contains:- egg, gluten

* Side Salads served with these dishes contain milk, egg, mustard

SALADS

Roast Beef 11.50

contains:- milk, egg, mustard

Chicken 11.50

contains:- milk, egg, mustard

Ham & Prawn 13.50

contains:- crustaceans, milk, egg, mustard

Tuna & Peach 13.50

contains:- fish, milk, egg, mustard

Cheese & Pineapple 11.50

contains:- milk, egg, mustard

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MAIN COURSES

Grilled Sirloin Steak (approx. 8oz)	20.00
Grilled Fillet Steak (approx. 8oz)	22.00
Grilled T-Bone Steak (approx. 14oz)	22.00
<u>Why not try a sauce with your Steak</u>	
Drambuie, Diane or au Poivre	3.00
Surf & Turf	20.00
(6oz Fillet Steak & 6 Breaded Scampi) contains:- crustaceans, gluten	
Mixed Grill	15.00
(Rump Steak, Lamb Chop, Ox Liver, Sausage, Bacon, Black Pudding, Mushrooms & Tomato) contains:- gluten	
Chicken Stroganoff & Boiled Rice	12.50
contains:- milk, mustard, sulphites	
Home-made Steak Pie	11.50
contains:- gluten	
Gammon Steak (with Pineapple or Fried Egg)	11.50
Roast Lamb & Mint Sauce	11.50
Battered Chicken Fillets	11.50
contains:- gluten (dips:- Sweet Chilli, BBQ, Garlic Mayonnaise, Tomato Sauce)	
Sweet Potato & Chick Pea Curry with Rice	11.50
contains:- mustard	
Omelette of your choice	11.50
(Cheese, Ham, Tomato, Mushroom, Onion)	